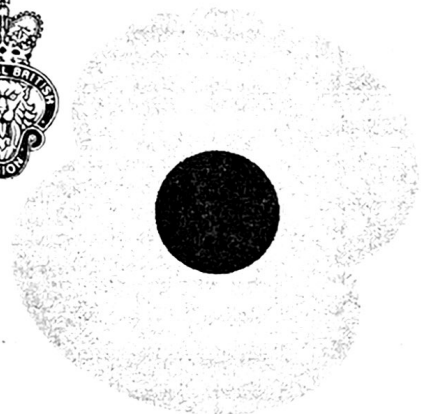


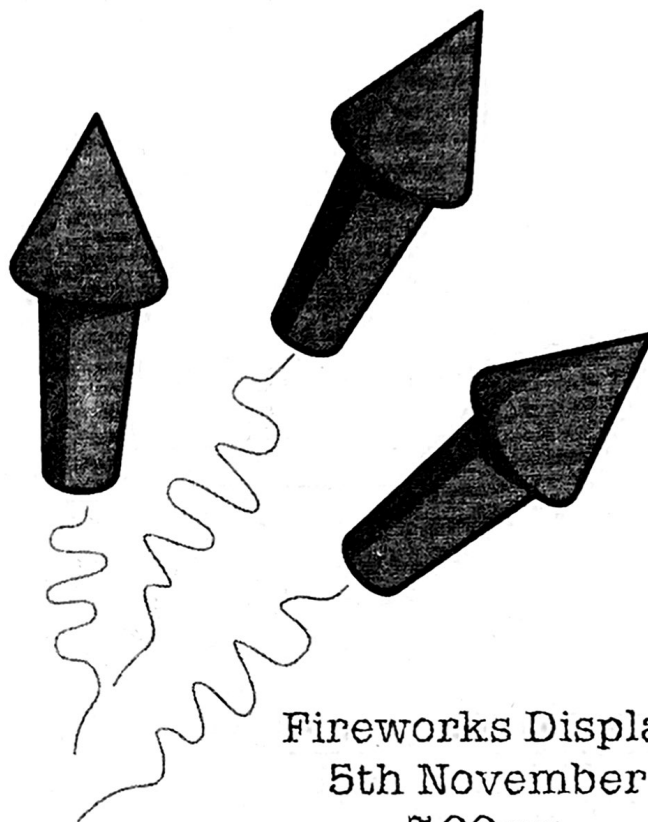
# Bar Hill News

October '02 No. 392

## Remember ...



Remembrance Service  
Sunday 10th November



Fireworks Display  
5th November  
7.00pm  
Village Green  
(organised for you by  
The Residents' Association)



# Bar Hill Residents' Association

## 02/03 Committee

Chairman	Mr R Hall	780304	11 Almond Grove
Vice-Chairman	Mr M Avery	780304	34 Acorn Avenue
Secretary	Mrs M Shubotham	781553	14 Hillcrest
Treasurer	Mr R Iyer	200910	56 Oatlands Avenue
BHN Editor	Mrs M J Carpenter	200941	48 Foxhollow
BHN Adverts Co-ordinator	Mrs B Waters	201421	77 Foxhollow
BHN Distribution Co-ordinator	Mr M Avery	781233	34 Acorn Avenue
Plus - V. Evans (49 Foxhollow - 780403), B. Garrett 789550, P. Hubbard, J. Hubbard 201270, R. Iyer (56 Oatlands Avenue - 200910), L. Mann 781875, K. Morris, D. Reynolds 200571, E. Wilmer.			

## The Objectives

The objectives of the Association are to act as an intermediary between the Residents and other parties, to keep Residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill. Opinions expressed in this publication are not necessarily those of the Association.

This is a private publication and may not be reproduced in any way without the permission of the Bar Hill Residents' Association committee.

## BHN Contributions

What ? (see insert)	Cost ? (per month)	Who, where, how ? (see above)	When ? (in month)
Commercial '1/4 page' Ads.	£10	Adverts Co-ordinator	1st of previous
Commercial 'Maxi' Ads.	£5	Editor	15th
Commercial 'Mini' Ads.	£2.50	Editor	15th
Articles, 'What's On', 'For Sale', 'Lost & Found'	free	Editor	15th

The '1/4 page' adverts are for local businesses and we guarantee that they are always printed. This often results in a 'waiting list'. To overcome this we provide 'mini' and 'maxi' adverts that we use as 'fillers' for the text pages and do not guarantee their inclusion due to restrictions on the number of pages we can produce. Any item can be submitted electronically via Microsoft Office files on disc or over the net via [bhneditor@yahoo.com](mailto:bhneditor@yahoo.com).

Anonymous letters cannot be published, but names and address may be withheld at the Editor's discretion.

All telephone numbers without an area code are Crafts Hill (01954)

# Health Centre 780442

Health Visitors - 781855

Dr. Hassan, Dr. Ranasinghe and the Practice Nurse

Surgery hours are Mon. To Fri. 8.30 to 12.00 am & 2.00 to 6.00 pm

	Day of Week	AM	Day of Week	PM
Physiotherapist	Monday	8.40 onwards	Tuesday	3 pm onwards
Midwife (Antenatals)			Monday	2 pm onwards
Child Health Clinic			1st and 3rd Fridays	2 pm onwards
Chiroprody	Wednesday, Thursday & Friday	9.00 - 12.00	Thursday	2 - 5 pm
Dietitian	1st Tuesday	9.30 - 12.30		
Orthoptist	2nd Tuesday and 4th Friday	9.00 - 12.30		
Psychiatric Nurse			1st, 2nd & 4th Wednesday	2 pm onwards
CAMTAD	4th Tuesday	9.00 - 11.30		
Consultant Pediatrician			3rd Wednesday	2 - 5 pm

## Out of hours 'Emergencies'

Saturday mornings: 9.00 - 11.00 am 1 Huntingdon Road, Cambridge. 01223 364127

All other emergencies phone

01223 464242

## Useful telephone numbers

BHN (Editor - Margaret Carpenter)	200941
BHN (Commercial adverts - Bunty Waters)	201421
Church (Revd. Gary Renison)	781629
Conservative Party (Iris Lay)	205265
Health Centre	780442
Liberal Democrat Party (Tom Flanagan)	780571
Library	273318
Parish Council (Leigh Baffa)	780456
Police (PC Kevin Misik)	01223 358966
Pre-School Playgroup	206179
Samaritans	01223 364455
School	273305
Social Club	206117
Sunshine Pre-School	789099
Swavesey Village College	230366
Village Hall	206179



Supporting  
Bar Hill!

## BAR HILL Village Hall

Two Halls (with Conference Facilities)

Wedding receptions,  
Birthday celebrations,  
Children's parties,  
Jumble sales,  
Conferences,  
Seminars,  
Training days,  
Exam sessions,  
Anniversary celebrations

Excellent parking and catering facilities

206179



## Letters to the Editor

Opinions expressed in this publication are not necessarily those held by the Residents' Association Committee. Alternative viewpoints are always welcome but anonymous letters will not be printed. The Editor reserves the right to withhold names and addresses where appropriate.



### Outstanding GCSE achievements at Swavesey Village College

The 2002 Year 11 cohort responded magnificently to the challenge of following the record-breaking exploits of their 2001 counterparts.

That year group had broken all previous examination result records and taken SVC above the 70% 5+ A\* - C benchmark for the first time.

The class of 2002, however, took us to even higher levels, achieving a 75% 5+ A\* - C pass rate, putting SVC among the top 100 Comprehensive Schools nationally (The Independent August 23<sup>rd</sup>).

This was a real team effort between staff and students. There were many individual triumphs, but the fact that 48% of all our Year 11s achieved 9 or more higher grades tells the real story.

Every student met or exceeded our expectations. No school can ask more and we are justifiably proud of them all.

*Patrick Talbott, College Warden*

### Noah's Playday

Come and join our Noah's Playday at Stepping Stones on Friday 11th October from 1.45pm until 2.45pm in the Octagon.

A time for coffee and conversation and an opportunity for the children to play ending with a short time of worship.

Open to all babies, toddlers and pre-school children with their parents and carers.

For more information contact Marianne Langston on 200716

### Ishmael Praise Party

Fri. 1st Nov. If you are aged between 5 and 11 and are interested in joining this event please contact Claire Thorby 781527.

Dear Editor,

As a local resident who moved to Bar Hill a year ago, I have often commented to friends how friendly and safe this area has felt. Sadly due to recent events my opinion is rapidly changing. Over recent weeks, there has been a hooligan element growing in the area. This consists of between 10 - 15 youths aged between 15 - 17.

They know who they are and their behaviour is unacceptable. It has started with them drinking for a couple of hours before becoming loud and abusive to local residents, this has now moved on to damaging our park benches, and trees (namely the Willow trees around the back of Partridge Drive) as well graffiti around the area.

There are a lot of elderly folk and young families suffering at the hands of these cowardly people. I had to contact the police this weekend, and was disappointed to find they never even turned up. Is it going to take someone getting hurt before the police show an interest? I hope not.

What I would like to know from local residents and especially parents is, do you know what your sons & daughters are up to on a Saturday night? If not then you are being irresponsible and should make it your business to find out. Are other people in the area fed up with this behaviour and would like to make a stand together? Or will we just bury our heads in the sand and proclaim 'it's not my problem'?

I really don't wish to take the law into my own hands, but for the sake of my neighbours and family, without support, I may have to and that will be a sad day for all.

*Toby*

### Power Pals

Fri. 11th Oct. from 3.30pm to 5.30pm. Power Pals is for children in reception, years 1 and 2. Among the fun things on offer will be craft activities, singing and games. Contact Claire Thorby 781527 or Mel Stamp 203554 for a booking form.



### People's network

Cambridgeshire's Library and Information Service has announced dates for the first two official launch events for the People's Network which give online access to learning and information opportunities.

The People's Network is a government-funded project to provide free Internet access at every public library in the country. Over the next two years the service will be rolled out across public libraries in Cambridgeshire.

Cambridgeshire received £1.1 million to develop the People's Network in Cambridgeshire by the end of 2003.

County Councillors, representatives from other local authorities, library staff and library user groups have been invited to the launches and will be given a talk on the People's Network and demonstration of the computer services available.

Bar Hill Library, 1.30pm on September 9 - the opening will be carried out by the Deputy Leader of Cambridgeshire County Council John Reynolds. Bar Hill Library has 10 People's Network terminals - eight for adults and two for children.

Assistant Head of Library and Information Service Lesley Noblett, said: "We see computers as enhancing the traditional book services which are the foundation of the public library service. The County Council is committed to providing learning opportunities for the entire community regardless of their age and we are delighted that we are able to expand facilities for the public at no cost to the local taxpayer."

The People's Network machines give access to the Internet and on-line learning materials, library catalogues, community information and family history indexes, children's information and homework information and email.

## SPARC

Sunshine Playstation Activity  
Rooms for Children  
01223 322441

SPARC would like to thank everyone for his or her patience and co-operation during the construction of our building. Despite one or two setbacks we have managed to open in time for the start of the new term!

We would also like to take this opportunity to thank everyone for all of the hard work that they have put in to get the building up and running – you know who you are!

We hope you took the opportunity to join in our celebrations and saw for yourselves this wonderful new amenity for Bar Hill, at our official opening on Sunday 29th September.

The building is available for hire; please contact The Sunshine Pre-School or The Play Station for further details.

## The Fox

### Christmas

The Christmas menus are now in, so please either call us or drop in to pick up your copy. Book now to avoid disappointment!

### Karaoke

Karaoke every Sunday evening.

### Staff wanted

Bar and restaurant staff wanted for weekends and evenings.

Please contact Natalie, Jenna or Alexis at the fox on **780305** or just call in for an application form.

## Swavesey Wildlife Trust

The Swavesey Wildlife Trust is the local group for the County Wildlife Trusts and we have regular attenders from all the local villages. Meetings are free and held each winter month at the Over Town Hall and in the summer there is a programme of visits.

Further information may be obtained from: Paul Sexton, 83 Mill Road, Over (**230991**)



## Welcome to the Play Station - Bar Hill's Out of School Club

We have our own home in the purpose built SPARC Building, on the Bar Hill Primary School Site. Our hours are: Term Time - end of school until 6pm School Holidays - 8.30am – 6pm

The Club aims to provide high quality out of school care and activities in a safe and stimulating environment for children aged 4-14.

The children can take part in a variety of games and activities or they can unwind and relax on our sofas. We have computers, games machines, TV, Video, stereo, games tables, numerous craft activities, construction toys, games, musical instruments, home/shop area and dressing up, as well as many outdoor activities and the use of the school playground equipment and lots, lots more to stimulate your children's imagination. Our recent themes have been the Queen's Jubilee, The Commonwealth Games, Places we have been, Our Village and We are Special.

We are OFSTED early years inspected, supported by the Cambridgeshire Care & Education Partnership and are members of the Kids Club Network.

The children are supervised by experienced staff, who are Police checked, child protection and 1<sup>st</sup> Aid trained. Four members of staff have NVQ's in Playwork, level 2 & 3, the staff also have the opportunity to attend relevant courses to ensure continued quality care for your children.

Although primarily we provide support for working parents, we also welcome children to join our Club for fun sessions, both from Bar Hill and the surrounding villages.

Are you aware that if you are eligible

for Working Families Tax Credit, then you can claim up to 70% of your childcare costs?

### Hiring

Please note our building is now available to hire for parties/training etc. please call Patsie for further details.

If you would like more information on any of the above, or would like to arrange a visit, please contact Patsie on **201079**.

### Our Latest News

We have moved!

We are now in our new home a purpose built building next to the School – The SPARC building. We would like to thank the Scout Group for all their support since we opened in January 2000, in letting us use their building.

We are very pleased with our new home, if you didn't manage to make it to our opening, please feel free to contact Patsie on **201079** to come along and see what we now have to offer.

Thanks to everyone who has helped over the last few weeks with all of the work involved – you know who you are – it's very much appreciated.

Following a very successful OFSTED inspection our new home provides us with up to 40 places – this means we now have vacancies.

We would like to welcome our new member of Staff – Julie Marin, we also have many new children and we hope they all enjoy their time with us.

We will be hiring our building for parties/training sessions etc for further details please contact Patsie on **201079**.

Lastly, but by no means least, we would like to say a very special thanks to Jo for donating her piano to us and to Barry Stone for moving it for us – We are extremely grateful.

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9.00 - 11.00 am Saturdays, 10.00 - 11.00 am Sundays

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# Adrenaline

## Night of Champions

8<sup>th</sup> October, 4pm – 6pm

Adrenaline – night of champions is a sports event, run through the church. It is a tournament of fun team games for those in school years 3,4 and 5. For more information and a booking form please contact Jo Chappell on **200987** or Claire Thorby on **781527**.

If you are in years 6 or 7 and are interested in joining a night of champions for your age group in Comberton please ring Jo Chappell (**200987**).

## Bright Sparks

Do not forget our weekly club on Thursdays - Bright Sparks (for reception, year 1 and 2 children) from 6.00pm to 7.00pm and Live Wires (for children in years 3 to 6) from 6.30pm to 7.30pm. Both clubs are a great way to learn more about Jesus and the Bible through fun activities. Please contact Wendy Arrowsmith on **781381** if you wish to find out more about the clubs.

### Lynne's Ironing Service

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### Doorstep dos and don'ts

If a doorstep caller knocks on your door:-

\* **Do** check the identity of the caller by asking to see an ID card.

\* **Do** challenge anyone looking over your property - did you give permission?

\* **Do** consider if you want any work done. Think before you decide. Shop around for the best deal.

\* **Do** ask the caller to leave you with information to study at your leisure.

\* **Do** remember you should be given a right to cancel a contract after 'cold calling'.

\* Don't believe all callers are genuine.

\* Don't believe all the 'scare stories' a salesman may tell you - they are rarely true.

\* Don't believe genuine tarmac companies have 'loads over' - they don't!

\* Don't believe a cash deal is easier and cheaper.

\* Don't sign anything or pay for it until you are absolutely sure about it.

\* Don't believe special deals 'today only' - its high pressure selling.

\* Don't answer your door unless you are sure!

If you are concerned about a doorstep caller in your area pass the information on. Call the East of England Trading Standards Doorstep Hotline **0845 60 444 66**

*Jill Smill, 205453*

### Massage Therapy

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Ladies only

I know - it's only the beginning of October and I'm already talking about Hallowe'en. But then, it's no good me talking about it in November, is it(!) - and the shops are already filling up with the merchandise. Hallowe'en has been around in British culture for ages, but the prominence it is now gaining comes from across the Atlantic. The US influence on British culture is growing apace - everything from the famous McDonald's twin arches to calling a trip to the cinema 'going to the movies' - and the way we do Hallowe'en fits happily into this category. We were happy bobbing apples (both sorts - floating in water, or tied up with string and smeared with honey), roasting nuts to see whose will crack first and lighting bonfires until Hollywood and our TVs introduced us to the dreaded 'trick or treat'.

I don't want to be a killjoy, but I have known older people who have become terrified of this one night of the year, not knowing whether to answer the door, or whether some retribution will be meted out for not playing along. The propriety of young children going from door to door asking for treats (even if their parents are lurking in the background) is also slightly suspect. (And of course, no sooner is this particular event over when we're into 'money for the guy', followed a month later by half a chorus of 'We wish you a merry Christmas' and a thrust out hand.)

But my major concern about the current fascination with 'trick or treat' is that it is simply unwholesome to revel in the evil side of life. The glorification of the ghosts and ghouls, murder and horror stories is less than healthy. In stark contrast to all this, the Bible counsels us,

*'Those things that are true, honourable, true, just, pure, pleasing and commendable ... think about these things.'* Phillipians 4:8

And besides, the main event is not Hallowe'en at all! All Hallows Eve, to give it its proper title is simply the day before All Hallows Day (= All Saints day) - a day to celebrate the Church of God throughout the centuries and the fact that the Church never loses members through death! No-one in their right mind would celebrate Christmas Eve and completely ignore Christmas, so why do it with All Saints Day?

*The Rev'd P Rush*



# Tots and Teds



## Pay And Play

Every Monday and Friday morning from 9.45 - 11.15.

Only £1.80 per child (£1.00 for siblings over 1 year) We have a wide range of indoor and outdoor toys, crafts, playdough and, a safe enclosed garden to play in. Why not come along and give us a try. No need to book just turn up, pay and play!

## Welcome back!

We hope you had a great summer even if the weather seemed to forget it was supposed to be hot!

Once again the Playdays were a great success with lots of children burning off some energy. We hope that they helped to save at least some of your sanity!

## Sessions

Did you know you could book more than one session a week? If you would like to attend more than one prebooked session per week please ring Anna on: **205870**. You can also attend a prebooked session and Pay and Play sessions.

## T-shirts and Sweatshirts

These are available to order in a range of sizes and are ideal for protecting your child's clothes from over enthusiastic gluing and painting. They are red with the Tots and Teds logo on the left side. T-shirts are £4.50 and Sweatshirts are £8.50 each or buy both together for £12.50. Order forms are at sessions, just ask Jo or Louise.

## Diary Dates

**Sat 5th Oct. - Disco & Karaoke** - 7.30 - 11.30pm. Bar Hill School. There will also be a bar. Tickets are only £5 each and are available from Sarah on: **200868**. So come along and sing and dance your hearts out!

**Mon. 21st Oct - Photos** - Once again we will be holding our annual photographs with Constable Photography. Every year these prove to be very popular and are excellent photos. They make ideal presents for grandparents for

Tots and Teds is a friendly group of parents and carers who meet in the Meetings-Room in the Church Centre. Monday and Friday morning sessions are Pay and Play and are open to all pre-school children. Sessions held on Tuesday, Wednesday and Thursday mornings are bookable in advance and are open to children aged 1 - 3 years (Weds is 12 - 18 months only).

Each session is open from 9.45-11.15 and includes free refreshments for both children and adults. We have a wide range of activities and toys including Painting, Gluing, Play dough, messy play, sand, prams, bikes, books, activity toys and puzzles and much more. We also have a safe enclosed garden to play in with lots of large outdoor toys. To book a session or for more information please contact Anna on **205870**.

Thanks to all who danced the night away at our recent Disco and Karaoke Nite. We hope you all enjoyed yourselves.

## Diary Dates

Photos - Mon. 21st Oct.

Once again we will be holding our annual photographs with Constable Photography. Every year these prove to be very popular and are excellent photos. They make ideal presents for the family at Christmas. Any number of children can be photographed and they do not need to attend Tots and Teds. As some of our toddlers have older brothers and sisters we have decided to hold this years photos on Monday 21st Oct. in half term week- to allow easier attendance for school age children. The photos come in packs of 1 10x8, 2 8x6 and 4 5x4 all for only £18.50. Look out for booking form at Tots and Teds there are still some spaces left if you have not already signed up.

## Tea with Santa - Sat. 7th Dec.

Tea with Santa will be held on Sat. 7th Dec. in the new SPARC building. The event is open to all children and is on from 10.00 - 12.00 am. Tickets are £5.50 each and include entertainment

by Mr Marvel, food, drink and a small craft item. Also a special appearance from Father Christmas with a special present for each child. To book your tickets please phone Kirsten on **200228**, Sarah on **200469** or Janine on **203095** or call into a Tots and Teds session.

We have been distributing Webb Ivory Christmas catalogues. These are an ideal way to order your Christmas cards and paper as well as brilliant for presents. All orders will earn Tots and Ted's commission, so please take some time to look through it when you get one. If you have not already seen one please call into any session to pick one up.

## Could you be our 'friend'?

We need your help as parents to make Tots and Teds a success. As a committee we plan and hold lots of fundraising events throughout the year. To make these successful we need ideas for events, help on the day and for you to come along on the day: Being a 'friend' will involve helping, at events, such as Playdays. You do not have to join the committee or attend meetings to be a 'friend'. Please pass on any ideas YOU may have to any committee member Jo or Louise. If you are able to help at events please add your name to the list on the Noticeboard.

## Do you have any special skills?

Can you do face painting, make play dough, draw, play the guitar or juggle for example. All these and more can make a huge difference to a Play day or event. If you are willing to help in any way, please add your name to the 'Tots and Teds Friend' list. Thank you.

## Donations

Are you or your company in a position to donate paper and other craft materials? If so please let Jo or Louise know. All donations are much needed and appreciated.

Kirsten.





# Bar Hill Motors

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Fax. 01223 236823

Email. [oakingtongardencentre@hotmail.com](mailto:oakingtongardencentre@hotmail.com)

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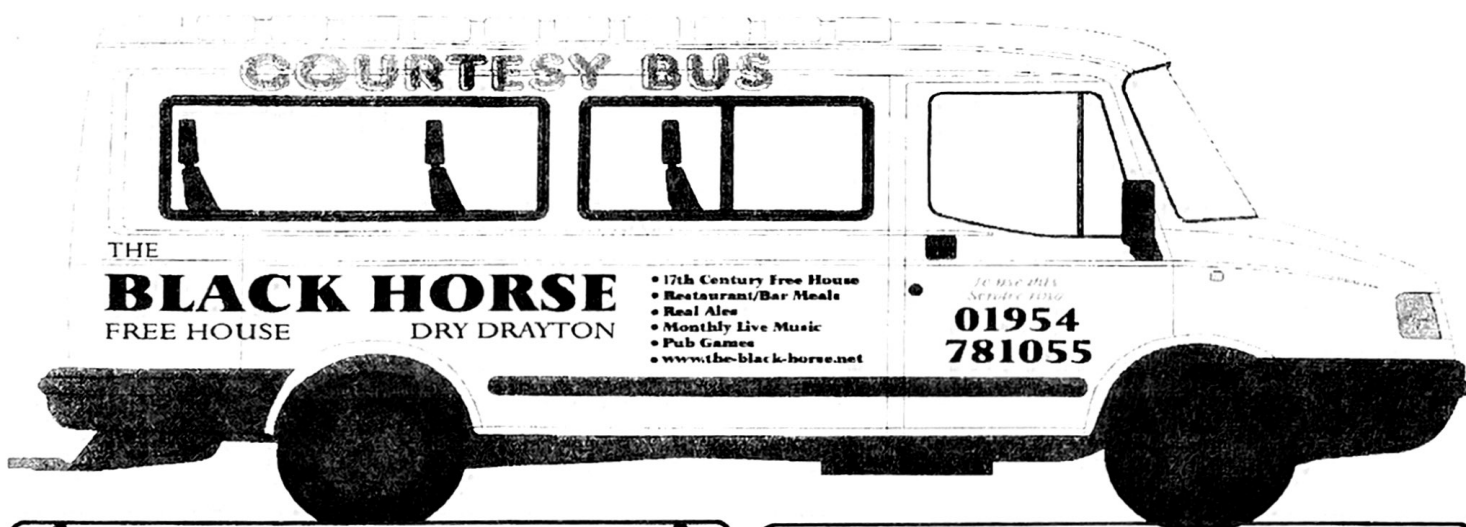
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## Sunshine Pre-School & Sunbeams

With the introduction of the new Early Learning Goals we feel it is particularly important that the children have the resources to learn through PLAY. We cover all the goals, Language/Literacy, Maths, Personal & Social, Knowledge & Understanding of the World, Creative and Physical. These are catered for by a wide range of activities incorporating sand and water, construction, painting, crafts and also very important with today's growing emphasis on I.T. in education, with the use of a PC. The children have a varied choice of software that includes number and matching games, sorting and language and literacy, all of which aid the learning process.

We have a well-equipped outdoor area, with climbing, balancing and ride on toys, all of which assist with physical development. There is a playhouse

### Useful Numbers

Sunshine building **789099**  
Hire of Sunshine (Tracy) **200918**  
Administrator (Vicky) **205497**  
(Before 7pm weekdays only).  
*Hope to see you soon.*

## Friends of the Rosie

If you have an appointment at the Rosie Hospital please come and have a refreshing cup of tea or coffee while you are waiting. A drink with biscuits is under £1.

We have a limited selection of our hand knitted toys and clothes (up to age 4) at the tea bar in the Rosie Outpatients every day of the week.

If you are looking for a traditional gift for a new baby for a friend or a relative then visit one of the above stalls for a new hand-knitted garment or toy at very reasonable prices.

Registered charity Number 1036092

We are members of the PLA (Pre-school Learning Alliance). We are situated adjacent to the school; we feel this is of real benefit to the children due to start in reception as they are more aware of 'what will happen next'.

**Our Session times are:**

Weekdays	9.00 - 11.30am
Mon-Tues-Wed-Fri	12.30 - 3.00pm
Thursdays (Sunbeams)	1.00 - 3.00 pm

where role-play can take place; this allows their imagination and creative skills to come into their own.

We have a break for milk and fruit during each session. Please feel free to bring some buns or biscuits when it is your child's birthday and we will be happy to celebrate their special day with them. (We supply the candles!).

We welcome parents who have some spare time to come and help during a session; even if your child is receiving vouchers, you are still able to join in should you choose to.

We have dedicated staff who are always on hand to offer support, help and advice and answer any questions you may have. They all have the best interests of your child at heart when it comes to encouraging the learning process. If

you think your child would enjoy some sessions in our setting please feel free to drop in and see us - don't forget to bring your child!

### Sunbeams

This is a session for children aged between 12 - 36 months. It is now a 'Pay & Play' session, as we appreciate that you cannot always attend on a regular basis. Sunbeams takes place on Thursdays from 1 - 3pm, and is only £1.75.

We provide a wide range of activities to keep your little ones amused. Weather permitting they have the opportunity to enjoy the garden and the outdoor toys.

We are happy to hire out the building at weekends and during the holidays for parties and events.

### Opening of the new building.

Thank you to everyone for your co-operation during the building work, we hope it did not cause too much inconvenience and we look forward to seeing you all at the start of the new term.

### Hiring the building

£ 5 per hour  
£10 ride on toys  
£25 for the bouncy castle  
£ 5 for use of your own castle  
£45 for everything for 3 hours

## Bar Hill Babysitting Circle

Fancy the odd evening out? Find it difficult to get a babysitter?

We are a group of mums, run for mums, operating a ticket payment system to swap evenings out.

If you have time to offer to sit back for another parent, then this number is for you!

Ring Avril on **782431** for details.

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07718 468916 or  
07718 468915 or  
01223 527633

## Storytime

For the under fives

Bar Hill Library

Every Thursday 2.30 - 3.00 pm

Mums, dads, babies and  
toddlers are invited

See you there

## Library Opening Times

Monday	2.00pm - 6.00pm
Tuesday	Closed
Wednesday	10.00am - 6.00pm
Thursday	2.00pm - 8.00pm
Friday	2.00pm - 8.00pm
Saturday	9.30am - 1.00pm
Sunday	Closed



Welcome to The Bar Hill Pre-School Playgroup.

You will find us in the Village Hall Centre on the Village Green, which can easily be reached by footpath or from the perimeter road via The Spinney.

The playgroup is a non profit making community playgroup. We encourage parental involvement and the playgroup is run by a volunteer parent committee. There is the opportunity to "parent help" in some sessions. This not only allows you to be a part of playgroup life but also substantially reduces your fees.

The aim of our community playgroup is to enhance the personal and social development of **all** children placed in our care. This is achieved through the various activities we have in our **two rooms**, which provides the educational setting required by OFSTED. Our friendly staff team – Sonya, Julie and Sylvia run all of our sessions.

#### Lunch Club

From September we will be starting 'lunch Club'. This will be open to all Playgroup children regardless of age. Lunch Club is an optional extra hour where your children can eat their packed lunch amongst friends. Lunch Club will cost £1.60 and packed lunches must be provided by parents. Places are limited so book your days to avoid disappointment

#### 'Changed' Session times: -

Mon, Wed & Thu. 9.15 - 11.45 am  
(inc. Lunch Club) 9.15 - 12.45 am  
Tue. 12.15 - 2.45 pm

(inc. Lunch Club) 11.15 - 2.45 pm  
Tue. 'Playtots' 9.15 - 10.45 am  
Fri. 'Rising Fives' 9.15 - 12.45 am  
(packed lunch provided by parents.)

#### Information

We pride ourselves on our warm and friendly atmosphere, which we believe helps children to feel comfortable and more able to develop their social skills. We have a wide range of equipment to encourage children to experiment with various types of play. This includes a slide, climbing frame, a playhouse, various dressing-up clothes, a Brio train set, a sand/water play area, a painting area, a book corner and too many puzzles and games to mention!

Each session is well balanced, incorporating a timetable of events in both rooms. Our **Craft Room** provides us with the facilities to develop mathematics, scientific reasoning and Information Technology through a series of topics that incorporate the use of all the equipment.

If you would like to call in and see what we offer, please do. The staff will be happy to see you. Our recent OFSTED inspection report is held at Playgroup and we would be glad to show it to you.

#### Playtots

This is run by Sonya on a Tuesday morning and is an excellent way for your tiny tots to get used to the idea of playgroup. The starting age is just **One Year old** until **Two and a half**. It is popular with both parents and childminders and really gives children the chance to enjoy playing and crafts. We want to give parents maximum time to enjoy playing with their children and to have

a well-deserved break, so no tidying or clearing up duties. The playgroup takes care of that. Tea and Coffee is available for adults, and children are given a drink and a biscuit as part of the entrance fee. The other good news is that it is "pay on the day" so you don't lose out if you can't make it one week.

Come and see us, no need to book, just turn up on the day.

#### Nursery Grant

Under the Nursery Grant Scheme, if your child is eligible, he/she is entitled to **5 free sessions per week**. Please ring Julie Jolley on **780445** for more information.

#### Places

For places ring Julie Jolley on **780445**. Application forms are available at Playgroup, The Library and the foyer of the Village Hall.

#### Subsidised places

We are happy to offer subsidised places to parents on Income Support or Family Credit. Any such request will go before the committee together with supporting documentation supplied by the applicant and will be dealt with on an individual basis. Requests would be dealt with in a confidential manner.

Please note that we also offer discounts if your child attends more than 4 sessions per week.

Only one discount/subsidy will be allowed per child. Please call our administrator, Julie Jolley, on **780445** for more information.

#### Thank you

A very big thank you to the staff and committee for all their hard work this year, it has definitely been worth it!

*Anna Moorhouse*

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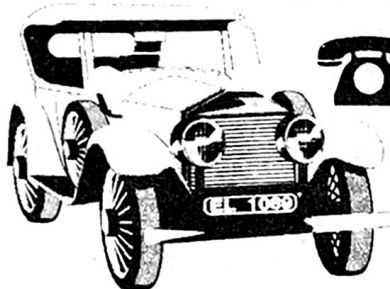
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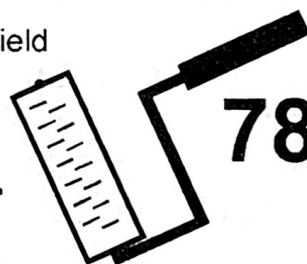
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## Welcome back.

We hope you all enjoyed the playdays. It was nice to see so many familiar faces and a few new ones.

Our first session is on Sept. 10th and we look forward to you all joining us.

### Session details

Every Tuesday from 2.15pm to 3.45pm in the Church Meetings Room.

Annual membership is £3 per family with toy hire from 25p to £1.25 per toy. We have an outdoor play area and there will be light refreshments for sale. Come and play at our session with no obligation to borrow toys every week.

Attention all Aunties, Uncles, Godparents and Grandparents!

If you have young children visiting occasionally, borrow some of our toys to keep them entertained.

### Party Offers

#### Borrow 6 toys or games

for £5 per week

#### Karaoke machine to hire

for £5 per week

Get your party off to a swinging start with our Karaoke machine. Have some fun playing silly games with your own rules. Create your own "action man" obstacle course in the garden. The ideas are endless. Come and choose from our selection of toys and games.

### Nearly New Sale

Sat 21st Sept. 2-3pm at Bar Hill School. Condition forms for Sellers are available from Tracy. Completed condition forms must be returned by 3rd Sept. For seller number or further information call Tracy on 200918.

For more information about Toy Library pick up a copy of our latest Newsletter at Toy Library sessions (see teddy for times), visit our website at [i.am/barhilltoylibrary](http://i.am/barhilltoylibrary) or ring Sarah on 200469

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## National Women's Register

We meet once a fortnight on a Monday or Thursday evening at 8pm. We are a lively group of women of varied ages and a cross section of occupations. Newcomers are always welcome, so why not come along and join us?

### Diary Dates

**Mon. 7th Oct.** - Planning Meeting  
At: 3 Hanover Close.

**Thu. 24th Oct.** - If you were given an extra hour per day, would it be a bonus or a disaster? How would you spend it? At: 130 The Spinney.

**Mon. 4th Nov.** - Discussion - what would make you break your moral code? At: 20 Field View

**Mon. 11th Nov.** - Telephone treasure trail. Members only. At: 55 Acorn Ave.

**Thu. 28th Nov.** - Talk by Mr. Bill Willows - on Consumer Affairs. At: 4 Almond Grove

**Mon. 9th Dec.** - Play reading. At: 31 Acorn Avenue.

For more information please don't hesitate to contact Jennifer O'Dell 201269 or Jill Smith on 205453

Jill Smith

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Good value for money - fees are reduced the more sessions taken.

Please telephone if you would like to visit. We would love to meet you and your child

We currently provide 8 sessions per week  
Two of these are pre-school sessions held in the School (with the option to stay for lunch on a Monday)

Prospectus and Registration forms are available from Sally or Debs (201074/780284)"

## 8 O'Clock Club

The 8 O'Clock Club meets on the first Thursday of each month in the School. We are a women's group and have speakers, demonstrations and outings.

### Diary Dates

3rd Oct. Jubilee sailing trip

7th Nov. Gift wrapping

5th Dec. Christmas meal - members only

If you are interested in joining please come along to one of our meetings or phone me on **204171**.

*Barbara Page*



'The Playstation' is held at the Scout Hut and is open after school

until 6pm and during the school holidays and school Training Days 8.30am - 6pm. We have a computer, Playstation, N64, TV, video, stereo, games tables, numerous craft activities, construction toys, games, numerous outdoor activities and lots more to stimulate your childrens' imaginations. Our recent themes have included Monsters inc, 100 years of Disney and Harry Potter.

We aim to provide support for working parents as well as welcoming children to join our Club for fun sessions. Parents may not realise that if they are eligible for Working Family Tax Credit, they can claim up to 70% of their childcare costs. During the holidays we are also able to take children from the surrounding area on a first come, first served basis.

We are governed by OFSTED, supported by The Care & Education Partnership and are members of Kids Club Network. Four members of staff have NVQs in Playwork, all staff are First Aid trained and are continuously updating their training.

If you would like more information or would like to visit us, please contact Patsie on **201079**.

## Ladies International Group

We are a small group who welcome newcomers of all nationalities, British & overseas. Our specialities are informal outings, usually with children in tow, and hopefully, helping people feel at home. Special

past events have included strawberry picking, a French meal and Chinese vegetarian meal. We'd love to see anyone new to the area. Just drop in to our shared lunches which happen once a month. Please ring below if you are planning to visit.

Details : Jo Hall **780304** or Sweet Kim **200527**



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Wednesday Thighs Tums and Bums 7.30 - 8.30 Octagon

Fully qualified instructor - For more details contact Linda on **204660**

## Under Ones

Come along from 10 - 12 am on a Wednesday morning in the Church Octagon for coffee/tea and a chat.

All are welcome, mothers, fathers, grandparents and carers with babies birth to 12 months.

We have a wide variety of toys, a book library and changing facilities.

An informal friendly morning to relax and let the babies play.

For more information contact Alwyn Keeves **781050**



At the time of writing these notes our Chairman and Hon. Sec. Mike and Ann Duce are celebrating their Ruby Wedding. All members of the Branch appreciate their kindness and generosity in including us all to help them celebrate this happy event with an evening social which we all thoroughly enjoyed. May they have good health and many more years together.

The Tesco management have once again kindly agreed to give us permission to sell poppies at their premises from the 4th to 9th November, so will anyone who can spare an hour or two please contact Neville Clark on **780612**.

Our garden of Remembrance Service will be at the Octagon on Monday 4th Nov. at 10.00 am and we invite all organisations to place their wreaths at this time.

Sunday 10th Nov. is Remembrance Sunday and the British Legion will assemble at the Mall at 9.40am to proceed to Church led by our Standard Bearer. We invite all the organisations who usually join us to be with us again.

Our next monthly meeting will be on Thursday 24th October at 7.30pm in the Village Hall.

*E. A. Patrick, 782136*

## The Fox

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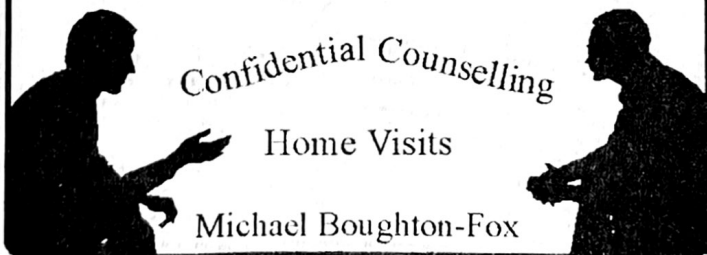


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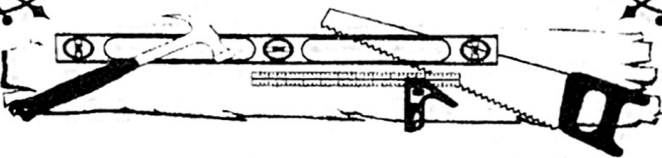
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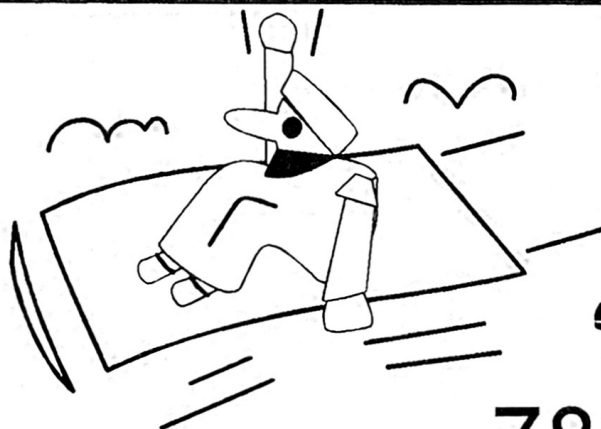
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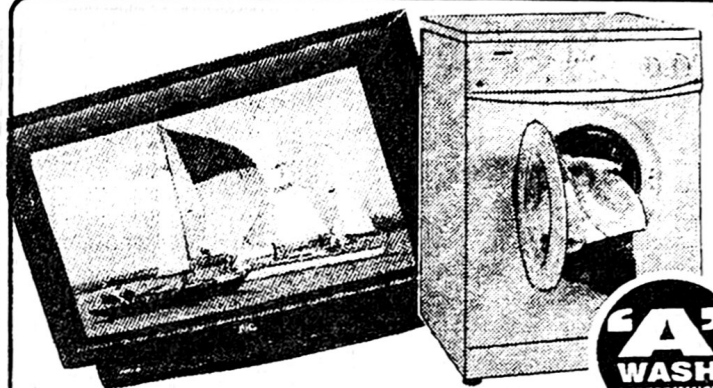
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## Tennis Club

### Quix Night

The Club is holding a Quix Night (general knowledge) which will be held on Sat. 2nd Nov. at Bar Hill School. Both members and non-members are welcome. Last year this evening was very popular and anyone interested should telephone one of the committee members shown below to reserve tickets.

The Club welcomes all new members and we have again maintained our club membership rates at last year's level:

<b>Juniors</b>	<b>£20</b>
<b>Adults</b>	<b>£25</b>
<b>Family</b>	<b>£60</b>

We play on our own floodlit courts behind the School and welcome players of all abilities. We play socially for fun and to keep fit but also run teams competing in the local league. Our Club nights are held:

Tuesday 7.00pm to 9.00pm

Thursday 7.00pm to 9.00pm

We finish Club nights at the end of September but members can play throughout the winter.

For more details contact:

Geoff Brock (Chairman) **780846**

John Suchocki **780461**

Nik Handley **782267**

Paul Chubbuck **781688**

## Conservatives

### Programme for 2002

**Sat. 19<sup>th</sup> October** - Desert Island Discs evening with a Fish Supper at 121 Appletrees, Bar Hill by kind invitation of Eric & Iris Lay. For your visit to the Island you will need your choice of music, (records or cassettes only please) a piece of prose and a famous personality - fact or fiction. 7 for 7.30 pm Tickets £8 each.

**Sat. 7<sup>th</sup> December** - Christmas Lunch at 4 Hollytrees, Bar Hill, by kind invitation of John & Diana Reynolds. Andrew & Sally Lansley will be attending. 12.30 for 1 pm. Tickets £10 each

## Have you ever considered joining a bowls club ?

Longstanton Bowls Club has several members from Bar Hill. Why not come along and join them? The bowls green is on the recreation ground at Over Road, Longstanton. The game of bowls offers opportunities for making new friends, gentle exercise and entertainment.

Beginners, as well as experienced bowlers, are welcome to come along. The annual subscription is £20 (£15 for senior citizens).

If you decide bowls is for you, then you would need to purchase a pair of proper bowls shoes and a set of bowls (bowls can often be purchased second hand as experienced bowlers often change their bowls for heavier or lighter ones).

All members of the Club play in at least one league, which gives on average one match per week during the season which runs through the summer to the first week in September. Fees per match are £1.50, and there are always refreshments at the end of the match as well as an opportunity to chat with members of both teams. Away matches give members an opportunity to travel to other Clubs' greens in Cambridge and District. As a new bowler, if you wish to take part in our beginners league, please join the Club as soon as possible as the schedule is made up before the start of the season.

Monday evenings are Club evenings when bowlers go along to the green to practise, although this is done in a mildly competitive manner by running a bowls drive. Come along on any Monday evening after that date to try your hand. If you just want to watch and see what happens then that's free too!

Hope to see you at the beginning of the season!

Contact the Secretary Keith Brazier **781462** for any further information or get in touch with Phyllis or Jimmy James who will probably arrange car lifts for those without transport.

## Weekend Trip to Ostend

Fri. 1st - Sun 3rd Nov.

Executive coach travel, Eurotunnel, hypermarket shopping, full day trip to Leuven, half day trip to Lille, 2 nights B&B in Ostend. £110 per person. £50 deposit required.

Contact Bob Wells **780437** for details

## East Area Kick Boxing

New beginners class

7pm in the School

All ages welcome from 8 years old.

Instructor - Junior Herbert - English WMTA Champion

The first lesson will be free and taken by our chief instructor Nigel Thompson - IKF world champion.

For details contact Junior **200315** or **07900 553963**



The Table Tennis Club meets every Tuesday evening at the school hall. The Juniors Session runs from 7:00pm till 8:00pm, The intermediates from 8:00pm till 9:00pm, and the Seniors from 8:00pm till 9:30pm. If you want to come along and enjoy a friendly game of table tennis, or if you would just like to come and see what goes on, please do contact any of the people listed, we are only too keen to help and advise. Over the coming months, we will be reporting on the various events and competitions that we run, and bring you some pictures of the players at the club. As I said, please feel free to contact us, on the numbers below, at any time. More News, next month

### CONTACT NAMES

Brian Howard - **781945** (Seniors)

Barry Dean - **205670** (Int'meds)

Martin Smith - **782760** (Juniors)

*Barry Dean*

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Having secured their place in Division 2 the 1<sup>st</sup> Team finished the season with three defeats although the first two were against the

teams vying to become division champions. The first game was against Willingham and Bar Hill started well, reducing Willingham to 78 for 6 with Nick Paxton the star bowler taking 3-28. Unfortunately, Bar Hill failed to capitalise and Willingham nearly doubled their score before the next wicket fell. They finally closed their innings on 179 for 9. Bar Hill's batting woes continued as they were skittled out for 80 runs. Phil Pelling was the only batsman that impressed, hitting an unbeaten 40. Next came Chatteris who after losing an early wicket quickly hit 55 before they lost another. They wobbled slightly as Bar Hill took a further three wickets for 14 runs. However, Chatteris recovered and managed to finish on 181 for 8 with the best bowling figures going to Chris Lemon who took 3-32. Bar Hill made a good start to their innings getting to 43 before they lost their first wicket. When Phil Walmsley went for 41, the score was 59 for 2 and that triggered another Bar Hill batting collapse. The last eight wickets went down for only eight runs with seven of the Bar Hill batsmen failing to trouble the scorers. The final League game of the season was at Over. On a small pitch Bar Hill performed well to restrict Over to 152 all out with Martin Haslop getting career best figures of 5-23. Despite 28 from Ian Basser and 17 from Steve Plumb Bar Hill never looked like challenging the Over total. At 81 for 9 the game was virtually over. However, Ri-

chard Page (15 not out) and David Cullum (21 not out) had other ideas and proceeded to put on a further 51 runs in the remaining overs.

The Friendly Team did slightly better winning one of their four friendlies. That game was against Girton. Bar Hill, batting first for a change, posted a competitive 144 for 8 with Mark Thompson hitting 31 and Phil Pelling 26. Some tight Bar Hill bowling (including 3-10 from Steve Plumb) restricted Girton to 137-8 in their allotted overs. Next came Cambridge Granta who collapsed to 61 for 6. They then steadied the ship by putting on three short of a hundred before the next wicket fell. They finally finished on 195 for 9 with Mark Nunn having the best bowling figures of 2-26. Bar Hill batted fairly well in the face of some good Granta bowling but 28 from Chris Lemon and 26 from Phil Pelling wasn't enough and Bar Hill finished on 135 all out. The next game against Cherry Hinton started well enough for Bar Hill, taking the first two wickets with only 27 on the board. From that moment on Cherry Hinton took control and with some big hitting pushed their total up to 188 for 9. Peter Howard was one of the few bowlers not to suffer too much, finishing with 2-17. Bar Hill started their innings like a freight train with Phil Walmsley hitting 25 out of a total of 31 in the first five overs. However, after that the wickets fell at regular intervals and despite 17 from Martin Cullum and 13 not out from Simon Smith the Bar Hill innings closed on 112 all out. The last game

against Camden proved the adage 'dropped catches cost matches' as Bar Hill spilled a total of five catches (ranging from difficult to dolly) and allowed Camden to post 177 before they were all out. Jamie Neal from the Under 14's bowled sensibly and finished with 3-24. Again the Bar Hill innings started brightly with openers Mark Thompson (10) and Dave Fletcher (34) getting to within one run of fifty before Bar Hill lost their first wicket. However, a collapse was just around the corner and Bar Hill finally stumbled to 99 all out with none of the remaining nine batsmen getting into double figures.

**A note for your diaries.** The AGM is to be held at 7.30pm on 8<sup>th</sup> October at the Village Hall Meeting Room and the End of Season Disco is on 9<sup>th</sup> November. Disco Tickets are available from all Committee Members who you can contact as follows: -

Tony Moffat **782366**

John Fuller **782403**

Peter & Julie Lemon **201502**

Simon Smith **200207**

Mark Thompson **781169**

Chris Lemon (**01223**) **232576**

Judith Lenton **201919**

Alternatively, use the online form on the [www.barhillcricket.org.uk](http://www.barhillcricket.org.uk) Web Page to register your interest and someone will be in touch.

#### August/September Results

Date	Opposition	Type	Result
17 <sup>th</sup> Aug	Willingham I	League	Lost by 99 runs
18 <sup>th</sup> Aug	Girton	Friendly	Won by 7 runs
24 <sup>th</sup> Aug	Chatteris I	League	Lost by 114 runs
25 <sup>th</sup> Aug	Cambridge Granta	Friendly	Lost by 60 runs
31 <sup>st</sup> Aug	Over II	League	Lost by 20 runs
1 <sup>st</sup> Sep	Cherry Hinton	Friendly	Lost by 76 runs
8 <sup>th</sup> Sep	Camden	Friendly	Lost by 78 runs

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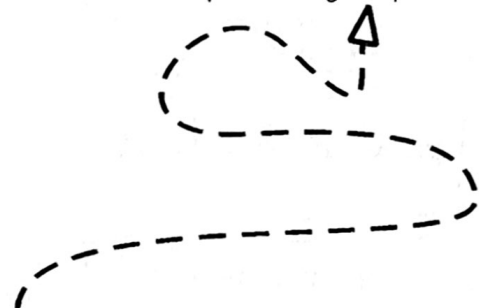
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# David POND

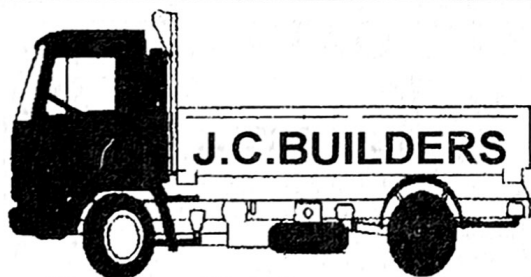
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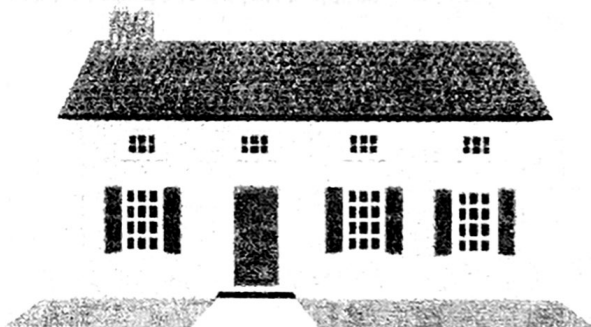


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## BAR HILL COLTS F.C.



Bad news I'm afraid, I'm back writing the Bar Hill Colts 'News' again. But, before I begin, let me say a very very big thank you to **Dave Allsopp**. Firstly for an excellent job in keeping you all informed for the last year, and secondly for very kindly taking over as Fixtures Secretary from me for the coming season. This is a time consuming job, and I am sure you will all join me in wishing Dave all the best in his new role in the 'Colts'.

### TEAM FEATURE

Over the coming months we will be featuring one of our teams, so that you can learn a little more about all those boys & girls playing for our village, week in week out. All that will begin next month. This month I decided to feature some guys, without who none of our football (and many other village activities) would not be possible. Please read on.

### ENTERTAINMENTS

Let's kick off with news of our next 'BASH'. Please hurry up (if they haven't already gone) and contact us for your ticket for the November Disco. It starts at 7:30pm finishing at 11:45pm, on Saturday 12<sup>th</sup> November. Please feel free to contact any of us for tickets, and be prepared to join in the fun.

### COMMITTEE

Speaking of new roles, below, you will find listed all the new contact names for the coming season. If you want any help please contact anyone at the Colts, we

POSITION	PERSON	TEL
Chairman:	Ian Francis	201160
Vice Chairman:	Kevin Hard	789632
General Secretary:	Sally Gedny	201074
Fixtures Secretary:	Dave Allsopp	270134
Treasurer:	Rick Dorling	200408
Entertainment:	Paul Prime	203175
	Lisa Francis	201160
Publicity:	Barry Dean	205670
Parents Rep:	Doug Reynolds	782013
Girls Football:		
Child Protection:	Nigel Barber	781533
Facilities:	Paul Thorby	781527
Facilities Booking:	Lisa Francis	201160

are a pretty friendly bunch, and are only too glad to be of assistance.

### FEATURE ON: BRIAN & PETER

I couldn't think of a more appropriate start to our Feature Section than to highlight two people who are invaluable to Bar Hill Colts Football Club. For those of you who don't know these guys (there can't be many of you in Bar Hill), **Brian Howard**, and his son **Peter** have been actively involved in refereeing for the Colts for a few years.

Brian has been refereeing Colts League matches for longer than any of us



can remember, regularly taking charge in the middle on a Sunday morning throughout the season. When the Mini League started 6 years ago, Brian was then called upon to referee games on Saturdays as well, but he never complained about



the additional load, he just kept coming back for more. Peter was soon following in his fathers boot steps, and at the tender age of 12 began helping out on Saturday mornings, and has now progressed to filling his whole weekend with this thankless task. Both Peter and Brian are fully qualified, and give their free time in the simple pursuit of helping others. Brian is also involved with **Bar Hill Table Tennis Club**, and also is actively involved in many aspects of **Bar Hill Church**. Peter can also be found helping out with Cubs, so I often wonder if either of them have any free time.

Having told you of Brian and Peter's efforts, I cannot fail to mention two other people who we rely on. A special vote of thanks go to **Linda** (Brians wife) and, of course, **Andrew** (Peter's brother), who support them with all that they do. Both of them can regularly be seen pitchside, cheering on Bar Hill teams of all ages. (They have even been heard to complain at the referee sometimes).

Peter used to play for the Colts as a goalkeeper, and continued right up till he was 17. I've known Peter to go straight from playing a game, to refereeing for someone else. As the number of teams has grown, then the demands have become greater, and often these guys referee two games in one day. Peter is continuing to grow as a referee, and is now qualified to a level which takes him off to games all over Cambridgeshire



and beyond. Even though, they never forget their friends at Bar Hill, and always make time to take charge here at home. I could go on, and on, and on, but all I want to say is the biggest, warmest thanks to two of the nicest guys in the village without whom Bar Hill would not be the place it is. If ever you bump into Brian and

Peter, say hi! Most amazing, I finally got Peter & Brian to stand still long enough to take their photographs.

### FAREWELL

Some of you may have seen the inpromptu game on the village green.



This marked the retirement of **Stuart Woor** (U13B Manager 2001-02). Stuart hangs up his clipboard after 7 years, and all the players (old and new) joined together to present Stuart with presents. Well done, and thanks from us all at Bar Hill Colts. (I'm sure he will still be popping along to see a few games).

### MANAGERS

AGE	MANAGER	TEL
U7	Dave Childs	200362
U8	Sid Blake	789320
U9	Paul Thorby	781527
U10a	Jairo Marin	781838
U10b	Ian Francis	201160
U11	Keith Wilson	201109
U12	Nigel Barber	781533
U13	Paul Prime	203175
U14a	Barry Dean	205670
U14b	Alan Garner	782302
U15	Tony Carminati	781636
U17	Ollie Wilkin	781753

As always if you wish to contact the colts please call anyone listed, and they will be sure to help and advise.

*Barry Dean*

WEBSITE: [www.barhillcolts.freesevice.co.uk](http://www.barhillcolts.freesevice.co.uk) E-MAIL: [soccer@barhillcolts.freesevice.co.uk](mailto:soccer@barhillcolts.freesevice.co.uk)



With the summer months closing, and most of the harvest having been gathered

in, many churches are now holding their harvest festivals. Perhaps at this time of the year, we should be grateful for our many blessings.

### **Talk**

On Monday 19th August we received a talk given by Hazell Halter, on her year as Mayoress of Cambridge in 1983/84. She recounted many of the interesting visits and events which took place during this time, including meeting so many notable people, including the Queen and most members of the Royal family. She also brought along many photographs which members were pleased to see. Hazell, a retired Matron of Addenbrookes Hospital, a most interesting speaker, was warmly thanked by our Chairman, Sid Hunt.

### **Outings**

## **Hedgerow Harvest**

They were hanging down like Pat Butcher's earrings, lovely bunches of grapes dangling from the vine that had over the years weaved its way through the branches of the tree.

Had it come from a vine that was in the garden that backed onto these trees or from a discarded grape pip? Whatever, it was certainly a vine to be proud of, with its really heavy crop of grapes.

At this time of year the hedgerows are like Nature's larder, where all manner of food can be had for free. It takes a few minutes to help yourself to it and can give so much pleasure.

Blackberries now abound in the hedgerow and are one of the fastest growing plants. Sending out runners they soon take over everything. It's a marvellous sight to see them after they have climbed up through the branches of surrounding bushes and trees and display their fruit. Eaten straight from the bush or picked and taken home they are a pleasure to eat with ice cream or cooked with sliced apple and made into a pie .... lovely!

Hips or 'Rose-Hips' also put on a brilliant display in their crimson jackets, and add colour to the hedgerow. Picked, they can be made into a syrup rich in vitamin C and during the Second World War a campaign to collect them each Autumn

Our August outing held on 28th was to Cromer, when with warm sunny weather we had an excellent day. Many of our party attended the Summer Show Matinee held at the theatre on the pier, which was found to be a most enjoyable show. Others enjoyed the many attractions, visited the shops or were happy to watch the family parties enjoying the pleasures of the beach and water.

Our September outing being held on Wednesday 18th is to Felixstowe. There are still, a few places left for anyone wishing to join our Tinsel and Turkey holiday in Bournemouth on 2nd to 6th December.

### **New Member**

We are pleased to welcome Terry Barnes, who has now joined his wife Ann as a member of the Club.

### **Sickness**

I am sorry to report that one of our members, Eileen Oakman, has spent some ten days in hospital with serious

produced 2½ million bottles of Rose-Hip syrup which contained as much vitamin C as 25 million oranges.

Sloes from the Blackthorn, which in Latin means 'Spiny Plum', have a tough blue-black outer skin covered in a white waxy bloom. They mature in October, but are still intensely bitter. Try picking some, pricking the skins, placing them in an empty 'coke' or lemonade bottle, adding some sugar, and leaving. When poured into a glass, the resulting drink has a fantastic red colour and the taste is like the 'Nectar of the Gods' ... divine. The wood of the Blackthorn is used for walking sticks and the Irishman's famous shillelagh. It is very strong.

'Haws' or Hawthorn with its bright red berries, which can be eaten (but best when young - don't forget to spit out the small pip), provide a much needed food for wintering birds - Blackbird, Thrush, Fieldfare, Redwing, members of the tit family and finches. It is also an important food for woodmice and other small mammals. The timber is mainly used for hedge stakes.

Take a walk around the perimeter of the Village and discover how many apple trees are growing wild. Some apples are just the garden varieties ... big, rosy-red with a superb taste, others green and dull but again with a superb taste. Some look like and taste like crab

injuries to both legs and an arm, after being hit by a child pedal cyclist on a path in the village. Eileen, has now returned home from hospital, but is still having to attend as an outpatient, and is unlikely to be out and about for another six weeks or so. We send Eileen our best wishes, and hope that she makes a full recovery.

I understand that 'Cycle Proficiency Courses' are shortly to be held at the Village School, and would urge all parents to ensure that children with cycles attend. I am sure that many children are not aware of the dangers that speeding cycles can cause. If all pedal cycles had bells, or other warning instruments, such accidents may be avoided.

### **Flu jabs**

Nurses from the Medical Centre will be attending our meetings on Monday's 7th and 14th. October to give Flu labs to those who have tendered their names.

*Dennis Holt 780948*

apples - small and bitter. It's fun tasting them and seeing the reaction on people's faces.

Elderberries, black and hanging in bunches, provide food for us and wintering birds. The white flowers can make Elderflower wine and can be added to make Elder Tea and add a 'musky' flavour to pies. The fruit can make a superb wine or be used to flavour pies and jellies.

It's the only tree rabbits find distasteful and so thrives on rabbit warrens. In Autumn it has a fungi that grows on it, brown and fleshy, it's called 'Jew's Ear' and is supposed to resemble an ear, this being the tree Judas is supposed to have hanged himself from after betraying Christ.

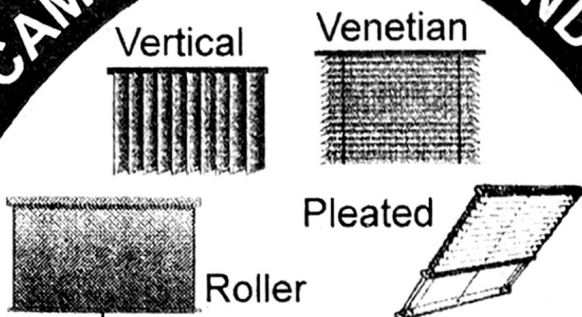
Remove the pith from the hollow branches and make pea shooters or whistles. Elder gets its name from the Anglo-Saxon meaning 'hollow tree'. The wood is also used by watchmakers to make pricklers for cleaning mechanical parts, also for carving combs and chessmen.

Edible berries that can be found and eaten include: Cowberry, wild strawberry, blackberry, cloud berry, cranberry, bilberry, elderberry and raspberry. Be careful you pick and eat the right ones, heaven is full of people who didn't!

*Nick Richardson*

\* Do not lie or cheat - the Government hates competition!

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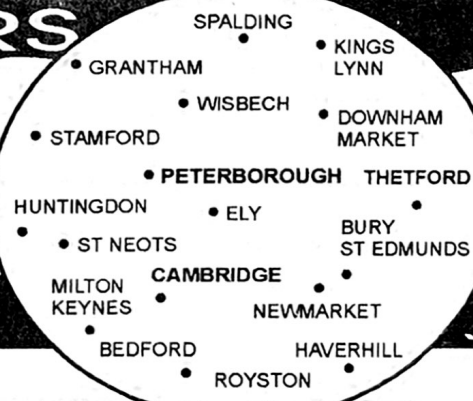


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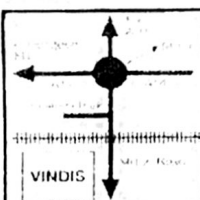
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For literature requests, please send this form to us, and please  
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## Church Services

Sun 6 <sup>th</sup>	10.00 am	Worship Service & Family Communion	Preacher: Rev Gary Renison
	6.30 pm	Mission & Evangelism Prayer Service	Speaker: Mrs Sheila Bull
Sun 13 <sup>th</sup>	8.00 am	Holy Communion	Preacher: Rev Gary Renison
	10.00 am	Praise Service	Preacher: Rev Gary Renison
	6.30 pm	Evening Prayer (Said)	Preacher: Rev Gary Renison
Sun 20 <sup>th</sup>	10.00 am	Worship Service & Holy Communion	Preacher: Rev Paul Rush
	6.30 pm	Informal Worship Service	Leaders: Mrs Julie Gawthrop, Heather Smethurst & Melanie Stamp
Wed 23 <sup>rd</sup>	10.00 am	Mid-week Communion	Preacher: Rev Paul Rush
Sun 27 <sup>th</sup>	10.00 am	Family Worship	Leaders: Mrs Kate Aylmer & Claire Thorby & Rev Gary Renison
	6.30pm	Quiet Communion	Preacher: Mrs Kate Aylmer

### People to contact:

The Minister: Rev Gary Renison **781629**      The Assistant Minister: Rev Paul Rush **204812**  
 Church Administrator: Mrs. Claire Thorby (Tel. & Fax **206120**)



## The Catholic Church of Our Lady and the English Martyrs

Hills Road Cambridge (the Catholic Church serving Bar Hill)

Parish Priest:	Mgr. Tony Rogers	<b>01223 350787</b>
Assistant Priest:	Fr. David Ward	Priest with responsibility for Bar Hill
Deacons:	Revd Robert Joyce, Tony Northrop & Tony Sutton	
Masses in the Parish Church in Cambridge	Mon, Wed, Thu, Fri: 8am & 12.15 pm Tue: 8am & 7.30 pm Saturdays: 6pm First Mass of Sundays also 6pm at Bar Hill Church Centre 8 am, 10 am, 7.30 pm Tue. 6.45 pm (not after Mass) Sat: 10.30 - 11.15 am, 4.30 - 5.15 pm, 7.00 - 7.45 pm	

Holydays of Obligation:

Sacrament of Reconciliation:

Details of other services are published in the weekly newsletter which is available at the 6 pm Mass each Saturday - copies are available in the Church Centre.

Adrenaline - Tuesday 8th October from 4.00pm to 6.00pm. This is a team challenge sports event thing here for you! Contact Claire Thorby (**781527**) or Jo Chappell (**200987**) for a booking form.

Power Pals - Friday 11th October from 3.30pm to 5.30pm. Power Pals is for children in reception, years 1 and

2. Among the fun things on offer will be craft activities, singing and games. Contact Claire Thorby (**781527**) or Mel Stamp (**203554**) for a booking form.

Ishmael Praise Party - Friday 1st November. If you are aged between 5 and 11 and are interested in joining this event please contact Claire Thorby (**781527**).

Do not forget our weekly club on

Thursdays - Bright Sparks (for reception, year 1 and 2 children) from 6.00pm to 7.00pm and Live Wires (for children in years 3 to 6) from 6.30pm to 7.30pm. Both clubs are a great way to learn more about Jesus and the Bible through fun activities. Please contact Wendy Arrowsmith on 781381 if you wish to find out more about the clubs.

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**Fenland Squash Club**

All ages welcome

There are three courts at Swavesey Village College

Annual membership rates:  
 £45 individual, £90 per family, £10 juniors

Court booking fee: 50p  
 Lights £1 for 40 minutes  
 Changing rooms and showers

Any enquiries, please contact:  
 John Frost 782782, Glynis Fenwick 230634, Chris Warren 260331

## What's on

Thu.	3rd	8.00pm	Jubilee Sailing Trip	8 O'Clock Club	School
Fri.	4th	Evening	Paulie Jay (Live singer/entertainer)	The Fox	The Fox
Sat.	5th	7.30 - 11.30 pm	Disco and Karaoke Nite	Tots 'n' Teds	School Hall
		Evening	Monthly Draw	Sports and Social Club	Village Hall
		Evening	St. Trinian's Disco	The Fox	The Fox
Mon.	7th		Flu jabs	Happy Hours	Octagon
		8.00pm	Planning meeting	National Women's Register	3 Hanover Close
Tue.	8th	4.00 - 6.00 pm	Adrenaline - Night of Champions	Church	
		7.30pm	AGM	Cricket	Village Hall
Fri.	11th	1.45 - 2.45pm	Noah's Playday	Stepping Stones	Octagon
		3.30 - 5.30 pm	Power Pals		
		Evening	Disco	The Fox	The Fox
Sat.	12th	Evening	Billy G (Live soloist)	The Fox	The Fox
Mon.	14th		Flu jabs	Happy Hours	Octagon
Sat.	19th	7.00pm	Desert Island Discs	Conservatives	121 Appletrees
		Evening	70's Disco	The Fox	The Fox
Mon.	21st		Photos	Tots 'n' Teds	School Hall
		7.30pm	History of the wildlife of the Ouse Washes	Swavesey Wildlife Trust	Over Town Hall
Thu.	24th	7.30pm	Meeting	Royal British Legion	Village Hall
		8.00pm	An extra hour a day	National Women's Register	130 The Spinney
Fri.	25th	Evening	Disco	The Fox	The Fox
Sat.	26th	Evening	Ziggy (live soloist)	The Fox	The Fox
Nov					
Fri.	1st	9.00am	Weekend Trip to Ostend		
			Ishmael Praise Party		
		Evening	Halloween Disco	The Fox	The Fox
Sat.	2nd	10.00am - 3.00pm	Family portraits	Sunshine Pre-School	SPARC
		Evening	Quix Night	Tennis Club	School
		Evening	Monthly Draw	Sports and Social Club	Village Hall
		Evening	Ivan (guitarist)	The Fox	The Fox
Mon.	4th		Poppy selling outside Tesco	Royal British Legion	Tesco
		10.00am	Remembrance Service	Royal British Legion	Octagon
		8.00pm	What would make you break your moral code ?	National Women's Register	20 Field View
<b>Tue</b>	<b>5th</b>	<b>7.00pm</b>	<b>Fireworks Display</b>	<b>Residents' Association</b>	<b>Village Green</b>
Thu.	7th	8.00pm	Gift wrapping	8 O'Clock Club	School
Fri.	9th		End of term disco	Cricket	
Sun.	10th	9.40am	Remembrance Sunday	Royal British Legion	Mall/Church
Mon.	11th	8.00pm	Telephone Treasure Trail	National Women's Register	55 Acorn Avenue
Tue.	12th		Disco	The Colts	
Mon.	18th	7.30pm	Wildlife friendly farming at Knapwell RSPB	Swavesey Wildlife Trust	Over Town Hall
Thu.	28th	8.00pm	Consumer affairs	National Women's Register	4 Almond Grove
Dec.					
Thu.	5th	8.00pm	Christmas Meal - members only	8 O'Clock Club	
Sat.	7th	10.00 - 12.00 am	Tea with Santa	Tots and Teds	SPARC
		12.30pm	Christmas Lunch	Conservatives	4 Hollytrees
			Monthly Draw	Sports and Social Club	Village Hall
Mon.	9th	7.30pm	Christmas Social	Swavesey Wildlife Trust	Over Town Hall
		8.00pm	Play Reading	National Women's Register	31 Acorn Avenue

### Let-ter us help recycle that unwanted junk mail

Residents are being urged to recycle their junk mail and help stamp out the thousands of tonnes of unwanted letters that end up in the bin.

Did you know that between 10 to 20 per cent of direct mail is never opened and 40 to 60 per cent is never read? Every day people throw away hundreds of tonnes of unwanted mail, and most of this is going into landfill and ultimately harming the environment.

Postal sales in the UK generate over £20 billion, so it is easy to see why companies send unsolicited mail. However, this mail is often unwanted and can be a real nuisance.

Cambridgeshire County Council, as part of their Slim Your Bin campaign, are calling for something to be done about

this.

The junk mail that is currently going straight into the dustbin can in most cases be recycled instead of going to waste.

Recycling paper benefits the environment in many ways: every tonne of recycled paper saves 17 trees and 7,000 gallons of water. Recycling uses less energy than creating new paper, reducing the amount of fossil fuel being burned in power stations and lowering pollution and greenhouse gas emissions. The recycled paper from junk mail can be put to many uses, from towels to pens.

Mark Shelton, Recycling Officer for Cambridgeshire County Council said:

"Junk mail has always been something which we receive many enquiries about. If you are unsure about whether it can be collected in your kerbside collection scheme then contact your local District Council. If not the waste can be

collected in the paper banks at our Household Waste Recycling Centres."

Residents can have their junk mail stopped altogether by contacting the Mailing Preference Service. This is a nonprofit organisation that been working in association with the Royal Mail since 1983 to encourage good relations between the Direct Mail industry and the general public.

They will have your name and home address removed from the advertising lists used by the Direct Mail industry, free of charge. You can contact the MPs by visiting their website at [www.mpsonline.org.uk](http://www.mpsonline.org.uk) <http://www.mpsonline.org.uk>, phoning 0845 7034599 or by writing to MPs, Freepost 22, London W1E 7EZ.

"If you cancel unwanted waste it will help us out even more," Mark Shelton added. "The best way to target waste is not to generate it in the first place!"